

## **Newham Adult Learning Service**

### **Course Information Sheet for: Henna Designs (1 day course).**

#### **What is this course about?**

This course will teach you how to make henna at home using a few simple ingredients, you will then learn to make your own henna cones. You will also learn to create different designs and adding basic details into patterns, you will progress onto making glitter cones to add into a pattern for a more stunning design.

#### **What experience do I need to get onto this course?**

You do not need any experience for this course, just a willingness and interest to learn.

#### **What do I need to bring?**

- Henna cones
- Plastic sleeves
- Scissors
- Tape
- Hair Gel
- Glitter

We are able to provide henna cones, plastic sleeves, glitter, tape and hair gel for a fee of £4 per person. Please enquire when booking on the course.

#### **What will I have achieved by the end of the course?**

You will have a better understanding of Henna designs – you may check for further courses within Newham Adult Learning.

Debden House Centre  
Debden Green  
Loughton  
Essex IG10 2NZ

T +44 (0) 20 8508 3008  
E [debden.house@newham.gov.uk](mailto:debden.house@newham.gov.uk)

## What's included in the one day course?

- All tuition.
- Morning and afternoon refreshments throughout the day.
- Lunch.
- Access to wifi.
- Free parking subject to availability.
- Use of the beautiful grounds at Debden House.

## Length of the course:

This is a one day course. 10-5 pm

## Course fee:

£40

Please apply to Debden House for details. You may be entitled to a concession if you are a Newham resident. Proof of resident status must be produced at the time of enrolment.

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